

**Group Conscience Meeting
Overeaters Anonymous For Today Meditation Group
July 1 2021**

Began 9:07AM with 27 participants ended with 14.
Stacy Davis chaired.

Last meeting's minutes were reviewed and discussed:

1:::

Original motion was to find ASL colleges with interns who would commit to signing at our meetings.

Update:

We have now been gifted with a professional sign person who has volunteered to sign for our meeting. Having an intern as an interpreter is not the best way to go. We are nixing this motion. Mary from Illinois has volunteered to be our signer.

The new motion is to open this meeting to ASL interpretation and to advertise on OA.Org and maybe to change our OA meeting listing to include other signers.

Discussion:

Close captioning? Called real time captioning. Interpretation is an art, it's a different thing than captioning.

A reminder that the motion is to open our meeting to ASL interpretation so that the meeting is open to the deaf community, so they can communicate.(participate)

Will Mary be here every day? Mary has committed to being here every day.

Let's not discuss logistics.

It's a fabulous idea.

Mary would sign for the deaf and would also tell us what the deaf person was saying- this is called receptive interpreting.

Vote: 17 out of 20 were in favor. The motion was passed.

Next month's agenda will be logistics or it can be worked out separately without the group.

2:::

Related motion: Jeanette moved that our zoom account be changed to having real time captioning enabled. It is an option offered for free through Zoom and any person attending the meeting will have an option of turning it on.

Vote: 15 out of 19 were in favor The motion was passed.

3:::

Related discussion: Should the meeting format be changed with the appropriate ASL information?

Not now, But we should let the regular meeting know that we will soon have an ASL interpreter. And as for let the hearing community know of the change, it was reminded that any verbal announcement at this point wouldn't be heard by the deaf community.

Updated motion: That we put in the daily meeting announcements for a week that we will be having an ASL interpreter

Vote: 12 hands raised out of 14 present. The motion was passed.

4:::

Previous motion that was tabled would change the Group Conscience meeting from the first of the month to the first Saturday of the month so that more people can attend.

Discussion

This option is more inclusive for all who want to participate and it makes sense.

Keep it as is. Others are busy on the weekends and don't regularly attend then.

If there is to be a discussion or a vote that is important to you you can have a person there in your stead.

Saturdays would afford workers to have a voice in the group.

Can we do a trial and try it on the first Saturday of the month. (another suggested it would have to be a lengthy trial maybe 6 months to be fair.)

The Hebrew community can never come on Saturday.

We could change the GC meetings to the afternoon. "A friendly amendment."

Right after the meeting is best for me. Because we're already at the meeting.

Sunday instead of Saturday

As someone who works full time my hours are always during this meeting. I feel less a part of this group.

Motion: To move Group Conscience meeting to the first Saturday of every month.

10 out of 14 present voted yes. The motion was passed.

New business was discussed:

1:::

Motion: To add announcements from the main headquarters of the OA world conference August 26-28, 2021.

Discussion:

Keep meeting format that asks for any announcement regarding this meeting as is.

Have this separate announcement read just until the conference takes place.

Vote: 12 out of 14 voted yes. The motion was passed.

2:::

Motion: Move to disable video of anything interpreted as triggering or inappropriate eg: eating, drinking, smoking, too much cleavage.

Discussion:

What is considered inappropriate?

Techs have already honored requests to stop someone's video as the disturbing activity is happening.

It is important to then chat with the person to say why you did what you did.

Leave it to the discretion of the tech person.

Motion was to disable videos displaying inappropriate behavior.

The motion was withdrawn.

3:

Motion: The person presenting a topic for discussion and vote must be present at the Group Conscience meeting.

Additional suggestion: Whoever submits topic must have their name attached.

Discussion: In the past there have been massive discussions and the person who presented topic wasn't even there.

One reason for no show was that they get too emotional at the meeting.

Answer suggested - more recovery!

Final motion: Motion is to make sure person presenting a topic for vote and discussion is present or has a representative in their stead. Plus their name should be attached.

Further discussion that with any topic it should be anonymous and the person concerned is free to have a representative.

Chair decided to leave motion as is: That they be present at the meeting.

Vote: 9 out of 11 present voted yes. The motion was passed.

4:

Motion: To work towards putting an exercise to help newcomers get abstinent on the website.

Eg: What are red light and green light foods?

Discussion:

Is it OA approved? Anything posted should be straight from OA.

Abstinence is an outside issue. This is just another way of figuring out our food.

An outside issue could also be not being able to find a sponsor. This perspective is not relevant.

There have been no calls to those who name themselves as sponsors on the We Care List.

This addresses the lengths people are or are or are not willing to go to to get abstinent.

Get a sponsor.

How about the Dignity of Choice; ie: posting its recommendations for food plans?

We are not allowed to show OA literature on our website.

Put it in the agenda. (???)

Vote: Motion was to add a getting abstinent exercise to the website.

Four out of 10 present voted yes. The motion did not pass.

Closing

Our next Group Conscience meeting is August 7, 2021 at 9:05AM
Meeting adjourned at 10:18AM

Respectfully Submitted,
Devi Abbott