

OA For Today Meditation Meeting Group Conscience Agenda

Saturday July 7, 2026

1. **Introduction**
2. **Serenity Prayer** (All) *God grant us the serenity to accept the things we cannot change, courage to change the things we can and the wisdom to know the difference.*
3. **Tradition 2:** “For our group purpose there is but one ultimate authority — a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.”
4. **Tradition 5:** “Each group has but one primary purpose - to carry it's message to the compulsive overeater who still suffers.”
5. **Minutes** (Paula.)
6. **Reports -**
 - Board Members**
 - Treasurer Report** (Karen R)
 - We Care List** (Kendra) not present
 - Meeting Contact** (Jennifer M)
 - Service Contact** (Doreen)
 - Service Coordinators** (April & Kate)
 - Website & Zoom Coordinator** (Stacey D)
 - Literature Report** (Paula M)
 - Committees:**
 - Script Committee:** please state members names, when you last met and actions taken
 - What constitutes an emergency Group Conscience Meeting Committee:** please state members names, when you last met and actions taken
7. **Old Business:**
8. **New Business - Procedure for new business:**
 - Presenter will make the motion by reading it and giving more information if needed.
 - Chair will ask for someone to second the motion
 - If seconded, discussion will follow. Please raise electronic hand to participate in the discussion.
 - Chair will entertain 4 pro statements and 4 con statements after which a vote will be held.
9. **Motion 1: Jackie D.**
10. **Proposes that we unmute all after the OA Promises to allow us to express gratitude for the meeting. As it stands right now, the meeting ends in silence.**

Future Business - Procedure for future business:

- If time permits, future agenda items may be introduced and discussed
- Items will discussed will not be admitted as motions at this time.

Motion to Adjourn: Second: