For Today 8ET Meditation Meeting Group Conscience

Monday, February 1 2021 @ 9:05 ET

| ATT | ATTENDANCE: 24 | | | | | |
|-----|---|--|-----------|---|---------|--|
| NO | AGENDA ITEM | NOTES OF DISCUSSION | DECISIONS | ACTION ITEMS | BY WHEN | |
| 1-4 | Opening | Nye welcomed the group and opened the meeting at 9:05 The Serenity Prayer, Tradition 1, the ground rules, and Tradition 5 were read. | | | | |
| 5 | Prev. Minutes Review | Minutes of 1/1/21 | | | | |
| 6 | Reports | Jeanette reported that about 1 newcomer packet a day is being sent out. As of the Jan. 24, 2021 the cost has gone up .\$.05 for domestic. GC Chair resigned – New volunteer – Sheli GC Secretary resigned – New volunteer for rest of term until April – Deb D. | | | | |
| 7 | Old Business | No old business | | | | |
| 8 | New Business Identify sponsors with an asterix in zoom box | Discussed putting asterix, putting the word sponsor, voted to make no change | Declined | | | |
| | Provide For Today book for those who can't afford it | Person who put this forward was not present | Tabled | | | |
| | Add to the meeting format: "Members | Add to announcements in March | Accepted | Jeanette will add to meeting format and | | |

| can be of service on | | | announcements for March | |
|-----------------------------|---|-----------|-------------------------|-------|
| a daily basis by | | | | |
| Chairing the | | | | |
| meeting, being a | | | | |
| Tech Host, and | | | | |
| Welcoming | | | | |
| newcomers after the | | | | |
| meeting. | | | | |
| Descriptions for | | | | |
| the monthly | | | | |
| service positions | | | | |
| can be found on | | | | |
| our website." | | | | |
| | | A | | David |
| Website: add a | | Accepted | Jeanette will add | Done |
| Monthly Service Position | | | | |
| Descriptions page | | | | |
| Descriptions page | | | | |
| Add dial – in | Pointed out that this information has already been added | Withdrawn | | Done |
| information to the | since this was put on the agenda | Withdrawn | | Bono |
| oa.org meeting | | | | |
| listings and website | | | | |
| <u>j</u> | | | | |
| The mentioning of | Discussed at length. Voted to decline to put any wording in | Declined | | |
| bipolar or any other | our meeting format | | | |
| mental disorders is | | | | |
| an outside issue and | | | | |
| again our traditions | | | | |
| | | | | |
| There needs to be | This is against OA by-laws, this was pointed out by the | Declined | | |
| an abstinence | person who started our meeting, that we had to sign an | | | |
| requirement before | agreement to NOT do this. "The only requirement for | | | |
| participants can. 30 | membership is a desire to stop eating compulsively." | | | |

| | days | perhaps? | Traditio | on 3 | | | | | |
|--------|--------------|--|-------------------------------------|-----------------------|--------------------|---|--------|-------------|-----------|
| 9 | Shou othe | e Items? uld we have r OA.org ouncements? | | | | | | | |
| Closir | | ing | With the Serenity Prayer at 9:58 am | | | | | | 2/1/2021 |
| NOTES: | | Dianna B. | | DATE OF NEXT MEETING: | March 1 @ 0905 (ET |) | VENUE: | Zoom ID: 89 | 101280132 |