

# For Today 8ET Meditation Meeting Group Conscience Agenda December 2021

1. **Introduction:** Welcome to the group conscience meeting of the ForToday Meditation meeting of OA. My name is \_\_\_\_\_, I am a \_\_\_\_\_, and your chair for this meeting.

2. **Serenity Prayer:** Will those who wish to, please join me in the Serenity Prayer: "God grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference."

3. **Tradition:** Tradition 4:

"Each group should be autonomous except in matters affecting other groups or OA as a whole."

4. **Establishing Ground Rules:** This meeting is held for one hour. The purpose of this meeting is to make decisions that affect our group. Decisions can be changed, amended, even thrown out. I encourage everyone here to participate. If a matter comes to a vote and you do not attend our meeting regularly or do not plan to, please consider whether it would be reasonable for you to vote. However, we welcome everyone's viewpoint; we can all learn from one another. Please remember Tradition Five: 'Each group has but one primary purpose—to carry its message to the compulsive overeater who still suffers.' Therefore, anything we decide at this meeting must reflect that purpose. No matter what we believe as individuals, we must be united in our purpose to carry our message as best we can to the compulsive overeater who still suffers. That person is our focus. May we do our best for them.

5. **Minutes from the Previous Meeting:**

Are there any corrections or additions? [Applicable corrections or additions are made.]

Is anyone opposed to approving last month's minutes as amended?

6. **Old Business:**

**Motions:**

1. Add to the meeting format "We'd like to get to get to know you" after encouraging newcomers to share.
2. Motion that we add at least the tradition of the month if not all the traditions to our script.
3. Motion to allow available sponsors to add their contact info into the chat
4. Motion to remove the Whence We Commeth page from the website.
5. Motion to create a committee to address things being said on zoom, address sponsorship issues and administrative issues.

## 7. New Business:

### Motions:

1. Motion to include trusted servant reports in the *GC* meeting format.
  - a. Treasurer
  - b. We Care List
  - c. Meeting Contact
  - d. Service Signup
  - e. Technical Liaison
  - f. Literature

A report of recent activities can be submitted to the group conscience chair prior to the meeting if the representative is unable to attend.

2. Motion to move "[Tech - set Chat to "Host only"]" to just after "Who would like to share on what was read?"
3. Motion to remove the google calendar at the bottom of the for2day8et.org website.
4. Motion to add chat abilities among members throughout the meeting.
5. Motion to set the zoom meeting defaults to keep participants muted unless and until they are called upon by the chair to speak. Once called upon, the chair will unmute them.
6. Motion to enable the waiting room when we enter the room.
7. Allow the chat to be opened so people can exchange numbers and ask for sponsors.

### 8. Closing: (any remaining items are moved to Old Business)

- Our next Group Conscience meeting will be held on January 1, 2022 at 9:05 am Eastern Time.

Thank you for coming. To close the meeting, let us have a moment of silence followed by \_\_\_\_\_ [a closing of your choice].