

# For Today 8ET Meditation Meeting Group Conscience Agenda

## April 2021

1. **Introduction:** Welcome to the group conscience meeting of the ForToday Meditation meeting of OA. My name is \_\_\_\_\_, I am a \_\_\_\_\_, and your chair for this meeting.

2. **Serenity Prayer:** Will those who wish to, please join me in the Serenity Prayer: "God grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference."

3. **Tradition:** Tradition 4:

"Each group should be autonomous except in matters affecting other groups or OA as a whole."

4. **Establishing Ground Rules:** The purpose of this meeting is to make decisions that affect our group. Decisions can be changed, amended, even thrown out. I encourage everyone here to participate. If a matter comes to a vote and you do not attend our meeting regularly or do not plan to, please consider whether it would be reasonable for you to vote. However, we welcome everyone's viewpoint; we can all learn from one another. Please remember Tradition Five: 'Each group has but one primary purpose—to carry its message to the compulsive overeater who still suffers.' Therefore, anything we decide at this meeting must reflect that purpose. No matter what we believe as individuals, we must be united in our purpose to carry our message as best we can to the compulsive overeater who still suffers. That person is our focus. May we do our best for them.

5. **Minutes from the Previous Meeting:**

Are there any corrections or additions? [Applicable corrections or additions are made.]

Is anyone opposed to approving last month's minutes as amended?

6. **Reports: (take this time to fill open positions)**

- GC Chair -
- Secretary -
- Treasurer -
- We Care List Coordinator -
- Service Signup Coordinator -
- Meeting Contact -
- Technical Liaison -
- Literature Coordinator -

## 7. Old Business:

- motion that the Chair is to keep the meeting on the topic
- motion that there be a Timer

## 8. New Business:

- motion that the Chair is to keep the meeting free of Outside Issues
- motion to make mention of [oa.org](http://oa.org) during the announcements for further information on other meetings, retreats, etc.
- motion to add a Newcomer Information button to the website that will display a page of basic info... e.g. where to find literature/meetings, what is crosstalk, how to share in a meeting, other newcomer info found on OA's "Suggested Meeting Format", etc.
  - add this to the newcomers' blurb in the meeting format
- motion to move the Newcomer's Packet info - from the meeting format to the Newcomer Information section of the website
- motion to remove the "Reports:" section from this agenda
- motion to share our Zoom account with 5 new meetings being created to facilitate a group journey through the twelve steps to recovery

## 9. Actions Volunteered: [to be recorded]

- Who? - To do what? - By when?

## 10. Closing: (any remaining items are moved to Old Business)

- Our next Group Conscience meeting will be held on May 1st at 9:05 am Eastern Time.
- April is the start of the next 6-month service cycle. If more than one person volunteers for any given position, we will hold elections for those positions.
- Is there any further business to conduct? Does anyone want to raise an issue for a future meeting?

Thank you for coming. To close the meeting, let us have a moment of silence followed by \_\_\_\_\_ [a closing of your choice].