

For Today 8ET Meditation Meeting Group Conscience Agenda March 2021

1. **Introduction:** Welcome to the group conscience meeting of the ForToday Meditation meeting of OA. My name is _____, I am a _____, and your chair for this meeting.

2. **Serenity Prayer:** Will those who wish to, please join me in the Serenity Prayer: "God grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference."

3. **Tradition:** Tradition 2: "For our group purpose there is but one ultimate authority — a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern."

4. **Establishing Ground Rules:** The purpose of this meeting is to make decisions that affect our group. Decisions can be changed, amended, even thrown out. I encourage everyone here to participate. If a matter comes to a vote and you do not attend our meeting regularly or do not plan to, please consider whether it would be reasonable for you to vote. However, we welcome everyone's viewpoint; we can all learn from one another. Please remember Tradition Five: 'Each group has but one primary purpose—to carry its message to the compulsive overeater who still suffers.' Therefore, anything we decide at this meeting must reflect that purpose. No matter what we believe as individuals, we must be united in our purpose to carry our message as best we can to the compulsive overeater who still suffers. That person is our focus. May we do our best for them.

5. **Minutes from the Previous Meeting:** Any corrections or additions? [Applicable corrections or additions are made.] Approve minutes as amended?

6. Reports:

- GC Chair -
- Secretary -
- Treasurer -
- We Care List Coordinator -
- Service Signup Coordinator -
- Meeting Contact -
- Technical Liaison -
- Literature Coordinator -

7. Old Business:

- Zoom Account: when the time comes, do we stay at a limit of 100 participants or move to the next size of 300?
 - If we move, when do we move?
- Provide a "For Today" book for those who can't afford it.

8. New Business:

- Motion to add two maps to the website, World and North America, indicating where we are from.
- Motion that the chairperson keeps the meeting on track, when necessary, by saying, "remember to keep the focus on what was read or what came up for you TODAY during the meditation".

9. Actions Volunteered: [to be recorded]

- Who? - To do what? - By when?

10. Closing: (any remaining items are moved to Old Business)

- Our next GC meeting will be held on April 1st at 9:05 am Eastern Time.
- April is the start of the next 6-month service cycle. If more than one person volunteers for any given position, we will hold elections for those positions.
- Is there any further business to conduct? Does anyone want to raise an issue for a future meeting?

Thank you for coming. To close the meeting, let us have a moment of silence followed by _____ [a closing of your choice].