

## **For Today 8ET Meditation Meeting Group Conscience Agenda November 2021**

1. **Introduction:** Welcome to the group conscience meeting of the ForToday Meditation meeting of OA. My name is \_\_\_\_\_, I am a \_\_\_\_\_, and your chair for this meeting.

2. **Serenity Prayer:** Will those who wish to, please join me in the Serenity Prayer: "God grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference."

3. **Tradition:** Tradition 4:

"Each group should be autonomous except in matters affecting other groups or OA as a whole."

4. **Establishing Ground Rules:** This meeting is held for one hour. The purpose of this meeting is to make decisions that affect our group. Decisions can be changed, amended, even thrown out. I encourage everyone here to participate. If a matter comes to a vote and you do not attend our meeting regularly or do not plan to, please consider whether it would be reasonable for you to vote. However, we welcome everyone's viewpoint; we can all learn from one another. Please remember Tradition Five: 'Each group has but one primary purpose—to carry its message to the compulsive overeater who still suffers.' Therefore, anything we decide at this meeting must reflect that purpose. No matter what we believe as individuals, we must be united in our purpose to carry our message as best we can to the compulsive overeater who still suffers. That person is our focus. May we do our best for them.

5. **Minutes from the Previous Meeting:**

Are there any corrections or additions? [Applicable corrections or additions are made.]

Is anyone opposed to approving last month's minutes as amended?

6. **Old Business:**

## 7. New Business:

### Motions:

1. Add to the meeting format "We'd like to get to get to know you" after encouraging newcomers to share.
2. Motion to add to the Secretary's position the maintenance of the two Meeting Formats and the Service Position Description documents.
3. Motion to add to the Technical Liaison's position the technical maintenance of the Zoom account
4. Motion to add to the Treasurer's position the opening of a separate financial account, that will accept credit/debit cards, exclusively for the purpose of collecting donations and distributing funds.
5. Motion that we have a sign put up during silent meditation so that if a newcomer comes in, they know what is going on and not interrupt or leave
6. Motion to add to the Service Signup's position the responsibility of ensuring the 6 month service positions are filled.
7. Motion to disable the ability to use a video background so that we can minimize distraction
8. Motion that we add at least the tradition of the month if not all the traditions to our script.
9. Motion to add the following to the document to the agenda on the website:  
<https://oa.org/app/uploads/2021/08/guidelines-for-a-group-conscience-meeting.pdf>
10. Motion to allow available sponsors to add their contact info into the chat
11. Motion to remove the Whence We Commeth page from the website.
12. Motion to create a committee to address things being said on zoom, address sponsorship issues and administrative issues.

### 8. Closing: (any remaining items are moved to Old Business)

- Our next Group Conscience meeting will be held on December 4th at 9:05 am Eastern Time.

Thank you for coming. To close the meeting, let us have a moment of silence followed by \_\_\_\_\_ [a closing of your choice].