

**For Today Meditation Meeting
Group Conscience Minutes March 2, 20244**

1. **Introduction: 9AM EST**

Welcome to the group conscience meeting of the For Today Meditation meeting of OA. My name is *Jennifer M*, I am powerless over food, and your chair for this meeting.

2. **Serenity Prayer:**

With lines muted, will those who wish to, please join me in the Serenity Prayer: *“God grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference.”*

3. **Tradition 4:** “Each group should be autonomous except in matters affecting other groups or OA as a whole.”

4. **Establishing Ground Rules:**

This meeting is held for one hour. The purpose of this meeting is to make decisions that affect our group. Decisions can be changed, amended, even thrown out. I encourage everyone here to participate. If a matter comes to a vote and you do not attend our meeting regularly or do not plan to, please consider whether it would be reasonable for you to vote. However, we welcome everyone’s viewpoint; we can all learn from one another. Please remember *Tradition Five: ‘Each group has but one primary purpose—to carry its message to the compulsive overeater who still suffers.’ Therefore, anything we decide at this meeting must reflect that purpose. No matter what we believe as individuals, we must be united in our purpose to carry our message as best we can to the compulsive overeater who still suffers. That person is our focus. May we do our best for them.*

5. **Minutes from the Previous Meeting:** *Minutes Approved*

Katharine gave the GC Secretary duties as Kate in Texas was unable to attend. Katharine provided highlights of the February 2024 GC meeting citing motions that were carried and/or failed.

6. **Treasurer’s Report:** *Treasurer’s Report Approved*

7. **Literature Report:**

Paula M reported that one newcomer packet was sent in February 2024.

8. **Old Business:** *None*

9. **GC Chair Meeting Reminders (Jennifer M)**

- a. Jennifer M said that while she would not acknowledge comments made in the chat, she would acknowledge a Call to Vote in the chat. The reason being that a Call to Vote would not be immediately recognized if the caller had to wait in the raised hand queue.
- b. Jennifer M clarified that while new topics could be discussed during Future Business, no votes would be held. Any “spin-off” ideas could be submitted for the next month’s GC meeting agenda.

10. **New Business Proposed Motions:**

MOTION 1 (Leeann) *Motion Carried–Present: 23 Yes 17 No 0 Abstain 0*

Proposed Motion: To approve Deb B and April as Co-Service Coordinators for the service board term ending June 30, 2024. Leeann proposed; Christy seconded.

Discussion: Deb B and April both consistently volunteer at the 8am meeting in a variety of daily service positions. This position maintains the SignUp Genius, makes announcements during the meeting for a call to service, and posts available volunteer positions in the WhatsApp group. Please note that Doreen continues to hold the position of Service Liaison which is the primary contact for those wishing to learn about service.

11. **Future Business:**

E suggested that we look at the chat and look at the crosstalk happening in the chat and try to eliminate it. Karen R, Christy, Robin, Ann, Michele A, Ronna agreed with comments. Karen K reminded everyone that there are no OA police. Phoebe said that a racially charged term was during a meeting. Things got heated in the chat. She has no specific motion but her concern is that people who are hurting have a place to express their feelings. Jennifer asked Phoebe her opinion on when there is a difference of opinion or a conflict, we encourage them to speak directly to the sharer, rather than in a public way. Phoebe responded: agrees that the issue needs to be addressed because we are meant to be welcoming everyone, but we should not be publicly shaming anyone. Jennifer raised the issue of crosstalk in our shares, and possible concerns about how to handle the after meeting.

12. **Closing:**

Jennifer M adjourned meeting.

Respectfully submitted April 2, 2024, by *Kate Edwards (Kate in Texas), GC Secretary*