

## OA For Today Meditation Meeting Group Conscience Minutes

Saturday, February 1, 2025

1. **Introduction**
2. **Serenity Prayer** (All)
3. **Tradition 2:** "For our group purpose there is but one ultimate authority — a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern."
4. **Tradition 4:** "Each group should be autonomous except in matters affecting other groups or OA as a whole."
5. **Minutes** (Deb B)

The minutes & treasurers report for the **January 2025** meeting were approved. The following motions were discussed:

**Motion 1 (KarenKay, Jennifer M)** Propose that sponsors not be asked to raise their hands if they are available but instead to add their contact information to the chat.

**Second:** Leann

**Vote:** 43 present, yes=32, no=1, abstained=2; motion passes

**Motion 2 (Alice L, BC)** Propose that the online app timer be used during the 5:00 minute meditation.

**Second:** Gloria

**Vote:** 42 present, yes=9, no=16, abstained=10; motion failed

**Motion 3 (Alice L, BC)** Propose that the ability to turn cameras on be disabled from just after beginning of meeting until after the 5:00 minute meditation

**Second:** Angie

**Vote:** 40 present, yes=5, no=26, abstained=3; motion failed

**Motion 4 (Gloria)** Propose that attendees sign up for only one volunteer position per day unless there are open spots at 7:45am.

**Second:** April

**Vote:** 40 present, yes=2, no=26, abstained=3; motion failed

**Motion 5 (Christy)** Propose that the board approves the monthly speakers.

**Second:** Kim P

**Vote:** 36 present, yes=2, no=26, abstained=5; motion failed

**Motion to Extend Meeting**

**Vote:** 40 present, yes=21, no=3, abstained=3 motion passed

**Motion 6 (Bill)** Propose that a Serenity Prayer slide be added at the beginning of the meeting for the benefit of newcomers.

**Second:** Luke

**Vote:** 35 present, yes=22, no=0, abstained=5; motion passes

**Motion 7a (Bill)** Propose that the For Today reading also be included in the chat after the meditation.

**Bill:** withdrawn and deferred to Jennifer

**Motion 7b (Jennifer J)** Propose that the For Today workbook question be included in the chat after meditation.

**Second:** April

**Vote:** 34 present, yes=22, no=1, abstained=4; motion passes

6. **Treasurer Report** (Cathy O and Karen R) **Approved**

- Received \$470 Jan, \$0 expenses, sent to WSO \$470 **Report** (Karen R)
- Sent out **newcomer packets**: 3 new packets sent.
  - Paula has been covering these expenses herself. Karen would like to have the amounts as part of the report for future expenses.
- Christy R requested that previous treasurer's reports be uploaded to the For Today site

7. **Old Business** none

8. **New Business** - Procedure for new business:

- Presenter will make the motion by reading it and giving more information if needed.
- Chair will ask for someone to second the motion
- If seconded, discussion will follow. Please raise electronic hand to participate in the discussion
- After sufficient discussion, call to vote.

**Motion 1 (Genie)** Propose that attendees not use foul language in the For Today meeting shares.

**Genie** - Our message is for the newcomer. Other language can be used.

**Second:** Alice

**Discussion:**

**Alice** – I attend other meetings that are addition meetings. I can only stay a little while because of the language. Our message is for the newcomer. Other language can be used.

**Robin** – As I grow older, I find the foul language unnecessary. I want it to be passed.

**Karen** - Do not hear violent profanity much. I do not think we should censor. We need to be careful of censorship. Not in favor of this.

**Bill** – What are the consequences? Is there a time out for a day? For a week?

**Kate** – We would not have consequences

**Kim** – Need to be careful of censorship. There is no way to enforce this motion.

**Aubyn** – Strongly concerned about newcomers being turned off by the language. Personally not offended anymore, but still feel uncomfortable when foul language is used a lot. If not passed, then add "Take what you like and leave the rest."

**Gloria** – Con because the newcomer might use the language too. I have not heard much. OA guidelines exist on disruptive behavior.

**Vote:** 36 present, yes=9, no=23, abstained=1; motion fails

**Motion 2 (Wanda)** Propose that we keep the GC meeting to an hour.

**Wanda** – wanted to take the temperature of the room. I know we can extend, but I get exhausted after an hour of meeting and an hour of GC. Could we extend to the next week.

**Second:** Kim

**Discussion:**

**Wanda** – Could things be automatically extended to the next week?

**Kim** – This motion coming up might help with the time limit.

**Bill** – The auto-extend is another motion for another meeting

**Gloria** – Agree the last motion may help. Been to many meetings where it goes an hour and anything not voted is automatically tabled.

**Karen** – For the motion because I cannot stand to go for an hour.

**Denise** – What happens when there is an important issue? Do we wait a month?

**Kate** – Only seen meetings extended twice

**Christy called to vote**

**Vote: 37 present, yes=11, no=12, abstained=8; motion fails**

**Motion 3 (Kim P)** Motion votes stand for 6 months. Propose that website administrator would add section to website GC page “Prior motions’ results for the last 6 months”. Secretary would submit a tracking pdf to website administrator every month when minutes are submitted.

**Second:** Diana

**Discussion:**

**Kim** – We have a tradition to have people participate. Committee to join an intergroup, as example, came up once, we found no support for it, but then it came up again. I volunteer to help update the website to have the motions

**Ann** – I agree with this.

**Diana** – I am in favor. There seem to be topics that we discuss every month.

**Gloria** – I am in favor. Why rehash the same thing? We can bring things up again, but give it some time. Like the 6 months, maybe longer

**Denise** – Great idea because people may not be here every month to see this.

**KarenKay** – Not a bad idea, however should update the GC call for motions to suggest they review the website.

**Bill** – call to vote

**Vote: 37 present, yes=27, no=0, abstained=2 motion passes**

**Motion 4 (Kim P)** Propose that discussion per motion limited to 4 pros, 4 cons. Indicate that you would like to discuss with thumbs up or thumbs down, chairperson would call on members in order until 4 and 4 are heard, then vote.

**Second:** Leeann

**Discussion:**

**Kim** – I like order. Unfair to the GC chair to have to limit when a lot of people vote. We would have the camera on to signal thumbs up or thumbs down.

**Leeann** – I agree. Could emojis be enabled for the meeting?

**Jean** – I agree generally speaking. Don’t know if having your hand up first means you get to talk. Could the chairperson ask for anyone with a different perspective.

**Gloria** – Kate did some research on tradition 2 that after 2 pros/2 cons, GC chair could ask for different thoughts

**Kate** – Did some research. If 4 said the same things, chair can ask for different thoughts

**Kim** – Would Kate like to share?

**Kate** – I would be pro. The ones where people keep saying the same thing, but the 4 pro/con set makes it less personal

**Denise** – Some people will repeat the same things, but other people have completely changed my take.

**Bill** – I like Gloria's idea, but that is a proposal for another month

**Jean** – <I did not capture this. I asked if she could post in the chat, but she did not>

**Karen** – The way Kate has been doing a great job, but to have a set number would be good. But if some has a question, it may bring up more discuss.

**Kim** – Clarify to take the pressure off the chair. Also, I do not like "call for vote"

**Ronna** – Current way, this a very democratic way of doing it. If people hear what they want to say before they are called on, they should lower their hand before GC calls on them.

**Vini** – I think this avoids hurt feelings

**Diana** called to vote

**Vote: 32 present, yes=26, no=0, abstained=2 motion passes**

#### **9. Future business – Procedure for future business:**

- **Ann** – Could we switch up what book we read?
- **Leeann** – Thank you for Kate running a great meeting and everyone did well
- **Alice** – Roberts Rules of Order – When question brought up, we ask for vote
- **KarenKay** – we can bend RRO to what the meeting needs

#### **10. Motion to Adjourn: Diana, Wanda, meeting adjourned!**