

**For Today 8ET Meditation Meeting Group Conscience**

Saturday, September 4<sup>th</sup>, 2021 @ 9:05 ET

<b>ATTENDANCE:</b>		<b>15 (there was no secretary and therefore there are no Notes of Discussion)</b>			
<b>NO</b>	<b>AGENDA ITEM</b>	<b>NOTES OF DISCUSSION</b>	<b>DECISION</b>	<b>ACTION ITEMS</b>	<b>BY WHEN</b>
<b>1-4</b>	<b>Opening</b>	Chairperson (Stacey D.) welcomed the group and opened the meeting at 9:05. The Serenity Prayer, Tradition 4, the ground rules, and Tradition 5 were read.	n/a	n/a	n/a
<b>5</b>	<b>Prev. Minutes Review</b>	Minutes of August 7, 2021	approved	n/a	n/a
<b>6</b>	<b>Old Business</b>				
	Review motion to have a specific sequence to follow for each motion, as described above, and instead “Robert’s Rules”, which will be explained in more detail next GC.		withdrawn	n/a	n/a
<b>7</b>	<b>New Business</b>				
	1. Motion to withdraw the previous motion to have a specific sequence be determined by the group and move for a specific sequence to be determined by the current GC Chair.	Vote: no numbers were recorded	declined	n/a	n/a
	1b. Interjected motion to use Robert Rules as the specific sequence to be used for this GC meeting. (This is not the exact motion but a combination of several recollections.)	Vote: 10 in favor (15 present)	approved	n/a	n/a
	2. Motion to add the Service Positions announcement to the meeting format for the month of September. "According to our 2nd tradition, we rotate service positions. October 1st will begin a new 6-month cycle. If you are interested in being of service, go to our website and click on the “Service Position Descriptions” button for more information.”	Vote: 12 in favor (14 present)	approved	Jeanette to change meeting format and send it to Christy for distribution	by 9/6/21

	3. Motion to change the first sentence in item #10 of the meeting format to say.. "We ask you to keep your video turned off if you are chewing, smoking, vaping, etc., or doing anything other than sitting and participating in this meeting so that we can minimize distraction."	Vote: 12 in favor (13 present)	approved	Jeanette to change meeting format and send it to Christy for distribution	by 9/6/21
	4. Motion to allow an informal temporary "book club", not yet created, borrow our zoom account for the purpose of reading the book "Body Image, Relationships, and Sexuality; Personal Journeys to Recovery in Overeaters Anonymous."	Vote: 9 in favor (11 present)	approved	n/a	n/a
	5. Add reading for today twice through before meditation.	Vote: 1 in favor (11 present)	declined	n/a	n/a
	6. Motion to add a service sign-up sheet for the newcomer meeting, instead of asking every day at the end of the meeting.	Vote: 4 in favor (11 present)	declined	n/a	n/a
<b>8</b>	<b>Closing</b>	Moment of silence, seventh step prayer, 10:20 am ET	n/a	n/a	n/a

<b>NOTES:</b>	Sandra & Jeanette	<b>DATE OF NEXT MEETING:</b>	Oct 2nd @ 09:05 ET	<b>VENUE:</b>	Zoom ID: 89101280132
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motion categories: approved, declined, tabled, withdrawn, trial period to be revisited when