

**For Today Meditation Meeting
Group Conscience Minutes September 6, 2023**

1. **Introduction: 9AM EST**

Welcome to the group conscience meeting of the For Today Meditation meeting of OA. My name is *Jennifer M*, I am powerless over food, and your chair for this meeting.

2. **Serenity Prayer:**

With lines muted, will those who wish to, please join me in the Serenity Prayer: *“God grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference.”*

3. **Tradition 4:** “Each group should be autonomous except in matters affecting other groups or OA as a whole.”

4. **Establishing Ground Rules:**

This meeting is held for one hour. The purpose of this meeting is to make decisions that affect our group. Decisions can be changed, amended, even thrown out. I encourage everyone here to participate. If a matter comes to a vote and you do not attend our meeting regularly or do not plan to, please consider whether it would be reasonable for you to vote. However, we welcome everyone’s viewpoint; we can all learn from one another. Please remember *Tradition Five: ‘Each group has but one primary purpose—to carry its message to the compulsive overeater who still suffers.’ Therefore, anything we decide at this meeting must reflect that purpose. No matter what we believe as individuals, we must be united in our purpose to carry our message as best we can to the compulsive overeater who still suffers. That person is our focus. May we do our best for them.*

Minutes from the Previous Meeting: *Minutes Approved*

GC Secretary Kate in Texas provided highlights of the August 2023 GC meeting citing motions that were carried and motions that failed.

Treasurer’s Report: *Treasurer’s Report Approved*

Christy R reported a total of \$496.14 income for August 2023. Expenses paid were \$536.55 leaving us \$40.41 shy of sending a donation to WSO. However, a \$100 check donation from an individual was sent directly to WSO.

7. **Literature Report:**

GC Literature Coordinator April reported that she mailed out 3 newcomer packets in August 2023.

8. **Old Business:**

a) **Report on tax implications for using PayPal (Christy R)**

Christy R said that she is following up with WSO regarding a new tax law that will go into effect in January 2024 that may affect how member donations are made.

9. **New Business Proposed Motions:**

a) **MOTION 1 (Kim P): Motion Carried – 35 Present: Yes 22 No 0**

Proposed Motion: To use the For Today 8am Zoom link and start a Wednesday night 8pm EST, 1 hour meditation meeting. Kim P proposed the motion; Christy R seconded.

Discussion: Positive comments in favor of the proposal were made by Ann C, Ellie, and Lisa Jo. No comments against the proposal were made.

b) **MOTION 2 (KarenKay): Motion Carried – 28 Present: Yes16 No 6**

Proposed Motion: To change the service position “Chair” to “Host.” KarenKay made the proposal; Lisa Jo seconded.

Discussion: Suggestions were made for other name changes such as Hostess, Lead, Guide, and Moderator. KarenKay proposed an amendment to her motion which was seconded by Devi and approved. The proposed amendment was to change the service position “Chair” to “Moderator.”

c) **MOTION 3 (Theresa P): Motion Failed – 23 Present: Yes 4 No 11**

Proposed Motion: To include the “question of the day” in the chat several times during the meeting. Theresa P proposed the motion; Susan from South Florida seconded.

Discussion: Theresa said that she was adding her own concern about negative statements in the copy/paste text. Kim P said the focus should be on the motion. Kate in Texas said that Stacey D has included the question on the For Today reading to avoid entering the question into the chat. KarenKay said the question should be read aloud rather than put into the chat. Kathryn Louise and Ann C did not want the question in the chat because they felt it was distracting.

d) **MOTION 4 (KarenKay): Motion Carried – 23 Present: Yes 16 No 0**

Proposed Motion: Rename participants’ last names and phone numbers automatically as well as when requested. Karen proposed the motion; Christy R seconded.

Discussion: April said it was not a good idea as it was not protocol and people can be sensitive to having their name changed. Several comments were made in favor of the motion saying that the Renaming list was too large and difficult to use.

e) **MOTION 4 (KarenKay): Motion Failed – 21 Present: Yes 5 No 7**

Proposed Motion: Combine the service positions for Admit and Rename. KarenKay proposed the motion; Kim C seconded.

Discussion: Susan in South Florida said that the two positions together would be too overwhelming. Kate said that the two positions were separately considered entry level positions, but together might intimidate new volunteers.

10. **Future Business:** No future business.

11. **Do we have a motion to end this meeting? *Motion Carried -Unanimous***

KarenKay made the motion; Leeann seconded.

12. **Closing:**

I put my hand in yours, and together we can do What we could never do alone.

No longer is there a sense of hopelessness. No longer must we each depend Upon our own unsteady willpower.

We are all together now, reaching out our hands for Power & Strength Greater than ours, and as we join hands, we find love and understanding Beyond our wildest dreams!

Meeting ended at 9:06 AM EST.

Respectfully submitted October 2, 2023, by *Kate Edwards (Kate in Texas), GC Secretary*