

OA For Today Meditation Meeting Group Conscience Minutes

August 1, 2026

1. Introduction

- 1.1. **Serenity Prayer (all together)** God, grant us the serenity to accept the things we cannot change, courage to change the things we can and the wisdom to know the difference.
- 1.2. **Tradition 2:** "For our group purpose there is but one ultimate authority — a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern."
- 1.3. **Tradition 5:** "Each group has but one primary purpose = to carry its message to the compulsive eater who still suffers."

2. Service Board Reports

- 2.1. **Minutes: (Lois)** Approved
- 2.2. **Treasurer Report (Karen R.) (June)**
Beginning Balance 6/1/26: \$1465.00;
Deposits to bank \$318.00;
Remitted to World Service (June) \$253.00
Bank Acct. Monthly Service Fee \$15 Ending Balance (6/30/2026) 1515.00
Prudent Reserve \$1000.00
Remit to World Service (July): \$515.00 Ending Balance 6/30/26 \$1000.00 - Approved
- 2.3. **Literature Report (Paula M)** 2 packet sent out
- 2.4. **Service Coordinator (April & Kate)**
- 2.5. **We Care List Coordinator (Kendra)** - Kendra was present, and said she would double check to make sure she bcc's the list
- 2.6. **Meeting Rep (Jennifer)**
- 2.7. **Website:** (Christy) - Christy was present and said WIX was not showing our uploads today and she would monitor the issue.
- 2.8. **Service Contact: (Doreen)** - Doreen was present, one member asked for her phone number and that was provided in the chat.

3. Committees:

- 3.1. **Script Committee:** Kate, Bill, Carol (See motions)
- 3.2. **"What defines an emergency Group Conscience Meeting Committee":** Paula M report next month

4. Old Business: None

5. New Business - Procedure for new business: The presenter will make the motion by reading it and giving more information if needed, the motion must be seconded, then discussion will follow. Please raise your electronic hand to ask a question or express a pro or con statement. ***The Chair will entertain 4 pro statements and 4 con statements after which a vote will be held.***

- 5.1. **Motion 1 (Script Committee) Delete:** The website address is fortoday8et.org. Spelled out it is F - O - R - T - O - D - A - Y, the numeral 8, E - T, as in Eastern Time, all one word, dot.org.
The script would then read: Please visit our website to find information about our meeting, make donations for our 7th tradition, sign up for service and add your name to the We Care List, which is our group contact list. The website link is in the chat.
Second: Kendra
Present: 27 Yes: 14 No: 6 Abstentions: 1
Motion: Pass
- 5.2. **Motion 2 (Script Committee) Delete:** Phone participants, enter star 6 to mute and unmute, star 9 to raise your hand.

Second: Ann C

Present: 27 Yes: 17 No: 0 Abstentions: 4

Motion: Pass

- 5.3. Motion 3 (Script Committee)** Delete: If you have a concern about another member, please either contact your sponsor or the member directly. Similarly, if you have a concern about the meeting either contact your sponsor or submit an agenda item for the Group Conscience meeting.

Second: Lois N

Present: 26 Yes: 6 No: 12 Abstentions: 3

Motion: Fail

- 5.4. Motion 4 (Ann C)** Move “And now a word on anonymity - whom you see here, what you here here, when you leave here, let it stay here.” to after the OA Promise is read.

The script would then read (after one person reads the OA Promise): For those who care to, please unmute yourself to say the word on anonymity, followed by the We Version Serenity Prayer.

Appropriate slides would be presented.

Second: Karen R

Present: 22 Yes: 14 No: 1 Abstentions: 3

Motion: Pass

- 5.5. Motion 5 (Bonnie)** Have daily service positions filled as one-month commitments.

Second: Ann C

Present: 22 Yes: 1 No: 15 Abstentions: 3

Motion: Fail

- 5.6. Motion 6 (Bonnie)** Create two substitute daily service positions. Substitutes would be on-call to step in when needed.

Second: With Drawn

- 6. Future business –** Procedure for future business: If time permits, future agenda items may be introduced and discussed. However, items will be tabled until the next meeting’s agenda.

There was no time for Future Business

Motion to Adjourn: Shantay

Second: Bill

Time meeting adjourned: 9:06

Minutes submitted by Lois N on 8/04/2026