

## For Today 8ET Meditation Meeting Group Conscience Agenda January 1st 2021

1. Introduction Welcome to the group conscience meeting of the For Today Meditation group of Overeaters Anonymous. My name is \_\_\_\_\_, and I am a compulsive eater and your chair for this meeting.

2. Serenity Prayer Will those who wish to, please join me in the Serenity Prayer: 'God grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference.'

3. Tradition - Tradition 2 For our group purpose there is but one ultimate authority — a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

4. Establishing Ground Rules The purpose of this meeting is to make decisions that affect our group. Decisions can be changed, amended, even thrown out. I encourage everyone here to participate. If a matter comes to a vote and you do not attend our meeting regularly or do not plan to, please consider whether it would be reasonable for you to vote. However, we welcome everyone's viewpoint; we can all learn from one another. Please remember Tradition Five: 'Each group has but one primary purpose—to carry its message to the compulsive overeater who still suffers.' Therefore, anything we decide at this meeting must reflect that purpose. No matter what we believe as individuals, we must be united in our purpose to carry our message as best we can to the compulsive overeater who still suffers. That person is our focus. May we do our best for them.

5. Minutes from the Previous Meeting Any corrections or additions? [Applicable corrections or additions are made.] Approve minutes as amended?

6. Reports GC Chair - Nye C. Secretary - Dianna B. Treasurer - Jackie S. We Care List Coordinator - Mora T Service Sign-up Coordinator - Jeanette S. Meeting Contact on OA.org - Ronna S. Technical Liason - Precious P.

7. Old Business

8. New Business

- motion to add "Newcomer packets" to the list of expenses in the meeting format.
- Zoom Acct: when the time comes, do we stay at a limit of 100 participants or move to the next size of 300 participants?
  - if move, when do we move?
- do we want to add "Newcomer Mailer" as another service position?
- meeting format: add ebook page number to the reading post.
- will the meeting pay for international newcomer packets? \$2.24 vs domestic \$0.70
- meeting format: add "and sponsor status" to the We Care List blurb
- managing shares that go over 3 min
- Posting the Responsibility Prayer in the chat

9. Actions Volunteered [to be recorded] • Who? - To do what? - By when?

10. Closing promptly at the half-hour !!! and !!! :) (remaining items are moved to Old Business) • Remind people the GC happens on the 1st day of the month after the meeting • Does anyone want to raise an issue for a future meeting? Thank you for coming. To close the meeting, let us have a moment of silence followed by \_\_\_\_\_ [a closing of your choice].