

**For Today Meditation Meeting
Group Conscience Minutes August 5, 2023**

1. **Introduction: 9AM EST**

Welcome to the group conscience meeting of the For Today Meditation meeting of OA. My name is *Jennifer M*, I am powerless over food, and your chair for this meeting.

2. **Serenity Prayer:**

With lines muted, will those who wish to, please join me in the Serenity Prayer: *“God grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference.”*

3. **Tradition 4:** “Each group should be autonomous except in matters affecting other groups or OA as a whole.”

4. **Establishing Ground Rules:**

This meeting is held for one hour. The purpose of this meeting is to make decisions that affect our group. Decisions can be changed, amended, even thrown out. I encourage everyone here to participate. If a matter comes to a vote and you do not attend our meeting regularly or do not plan to, please consider whether it would be reasonable for you to vote. However, we welcome everyone’s viewpoint; we can all learn from one another. Please remember *Tradition Five: ‘Each group has but one primary purpose—to carry its message to the compulsive overeater who still suffers.’ Therefore, anything we decide at this meeting must reflect that purpose. No matter what we believe as individuals, we must be united in our purpose to carry our message as best we can to the compulsive overeater who still suffers. That person is our focus. May we do our best for them.*

Minutes from the Previous Meeting: *Minutes Approved*

GC Secretary Kate in Texas provided highlights of the July 2023 GC meeting citing motions that were carried and motions that failed.

Treasurer’s Report: *Treasurer’s Report Approved*

Christy R reported a total of \$397.50 for June 2023 and \$663.71 for July 2023. The following expenses were paid in June: \$149 for the Zoom room and \$126.79 for OA literature leaving \$120.81 as our WSO contribution. The following expense was paid in July: \$62.50 for OA literature leaving \$601.21 as our WSO contribution.

7. **Literature Report:**

GC Literature Coordinator April reported that she mailed out 5 newcomer packets in July 2023.

8. **Old Business:**

a) **Report on intergroup sub-committee (Karen R)**

Karen R gave a brief report on the history of the. She said that both interest and participation in the sub-committee has waned. As there is no interest, Karen R informed that the sub-committee has been tabled.

b) **Report on tax implications for using PayPal (Christy R)**

Christy R reported that a new tax law will go into effect in January 2024 which requires individuals to report income more than \$600 received online through third-party payment apps like Venmo or PayPal. Many OA meetings, including our For Today meeting, require the Treasurer to set up an individual account under their own name for income and expenses. Christy R said that the app Zell is not affected, but the app that we are using, PayPal, will be affected. There was brief discussion amongst attendees asking how other meetings are handling this and if the WSO has a plan. As the Treasurer’s term ends in December 2023, Christy R indicated

that she would need to work with the incoming January 2024 Treasurer to make the transition. However, service board members are not recruited until October/November 2023 and are not voted in until the December 2023 GC meeting.

9. New Business Proposed Motions:

a) **MOTION 1 (Kate in Texas): *Motion Carried – 23 Present: Yes 20 No 0 A 3***

Proposed Motion: Nomination and approval of Kim P as the 8AM EST For Today meeting Service Coordinator position. Kate in Texas proposed the motion; Jean N seconded.

Discussion: As the resignation of Claudia L as Service Coordinator created a vacancy on the service board, the open position had been announced at several For Today meetings. Kate in Texas explained that the service board has been in discussion regarding the revision of service positions and format. Therefore, the Service Coordinator's interim task will be to field requests for volunteer training and other service position information. The Service Coordinator term will end in December 2023 along with the other service board members. Kim P accepted the nomination and she was approved as the new Service Coordinator.

10. **Future Business:** Several attendees suggested the Renaming service position as an item for the September 2023 GC meeting.

11. **Do we have a motion to end this meeting? *Motion Carried -Unanimous***

KarenKay made the motion, Ann C seconded.

12. **Closing:**

I put my hand in yours, and together we can do What we could never do alone.

No longer is there a sense of hopelessness. No longer must we each depend Upon our own unsteady willpower.

We are all together now, reaching out our hands for Power & Strength Greater than ours, and as we join hands, we find love and understanding Beyond our wildest dreams!

Meeting ended at 8:55 AM EST.

Respectfully submitted August 24, 2023, by *Kate Edwards (Kate in Texas), GC Secretary*