

## **OA For Today Meditation Meeting Group Conscience Agenda**

**Saturday, January 6, 2024**

*Chair: Prepare for the meeting by sharing screen with agenda, ask for a security person, someone to unmute, someone to count the votes Present/Yes/No/Abstain.*

**Introduction:** Welcome to the Group Conscience meeting of the For Today Meditation Meeting of OA. My name is Jennifer. I am powerless over food, and your chair for this meeting.

**Serenity Prayer:** With lines muted, will those who wish to, please join me in the Serenity Prayer.

“God grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference.”

**Tradition 4:** “Each group should be autonomous except in matters affecting other groups or OA as a whole.”

**Establishing Ground Rules:** The purpose of this meeting is to make decisions that affect our group. Decisions can be changed or amended, even thrown out. We welcome everyone’s viewpoint and participation. If a matter comes to a vote and you do not attend the meeting regularly, or do not plan to, please consider whether or not it would be reasonable for you to vote.

**Tradition 5:** Please remember Tradition 5, “Each group has but one primary purpose, to carry its message to the compulsive eater who still suffers.” No matter what we believe as individuals, we must be united in this purpose. May we do our best.

**Minutes:** Kate will present the minutes. Are there any corrections or additions? Is anyone opposed to accepting the minutes as read?

**Treasurer Report:** Christy will present the report. Is anyone opposed to accepting the report as given?

**Literature Report:** No vote is required.

**Old Business:**

- Report on new accounting system.
- How to call a vote

**New Business:**

The Chair will read the motion. The fellow who put it forward will share more information. The Chair will ask for a second. Following a second, the room will be open to questions and comments. Please raise your electronic hand. The

Chair will not respond to comments in the chat. If you can't speak to the group due to technical difficulties, please chat a member who will read your comment or question.

This group has decided to have an hour-long GC meeting. To achieve this, please consider holding your comments if someone else has already expressed them.

- Motion to change the Timekeeper's remark to "Time" instead of "Gentle Reminder." Carol V
- Motion: to approve the addition of Doreen as Service Coordinator to the service board for the term January 1-July 31 2024. Kate
- Motion to change the organization of service sign up. All current daily service roles will be 2-3 month weekly service. Timer and After Meeting Host will be assigned daily pre-meeting by the Meeting Host. SIGN UP GENIUS will allow fellows to sign up for a service role once a week for 2-3 months. If necessary, there could also be a weekly SWING role. This person can fill any position in the case of an absence. Theresa
- Motion: to create a new daily service position of Greeter for the pre-meeting so the tech host can focus on granting permissions to volunteers and the moderator can focus on getting their list in order and asking for readers. The Greeter would welcome all who enter as well as steer the conversations to be lighthearted and all inclusive. Christie

**Future business** (as time permits)

**Adjourn.** Do we have a motion to end the meeting?

**We will close with the OA Promise.** Please unmute if you wish to.

*"I put my hand in yours And together we can do What we could never do alone.  
No longer is there a sense of hopelessness No longer must we each depend Upon  
our own unsteady willpower. For Power & Strength Greater than ours, And as we  
join hands We find love and understanding Beyond our wildest dreams!"*