

**For Today Meditation Meeting Group Conscience Agenda  
August 5, 2023**

**1. Introduction:** Welcome to the group conscience meeting of the For Today Meditation meeting of OA. My name is Jennifer, I am a powerless over food, and your chair for this meeting.

**2. Serenity Prayer:** With lines muted, will those who wish to, please join me in the Serenity Prayer:

**“God grant me the serenity to accept the things I cannot change,  
courage to change the things I can,  
and the wisdom to know the difference.”**

**3. Tradition 4:** “Each group should be autonomous except in matters affecting other groups or OA as a whole.”

**4. Establishing Ground Rules:** This meeting is held for one hour. The purpose of this meeting is to make decisions that affect our group. Decisions can be changed, amended, even thrown out. I encourage everyone here to participate. If a matter comes to a vote and you do not attend our meeting regularly or do not plan to, please consider whether it would be reasonable for you to vote. However, we welcome everyone’s viewpoint; we can all learn from one another. Please remember **Tradition Five: ‘Each group has but one primary purpose—to carry its message to the compulsive overeater who still suffers.’** Therefore, anything we decide at this meeting must reflect that purpose. No matter what we believe as individuals, we must be united in our purpose to carry our message as best we can to the compulsive overeater who still suffers. That person is our focus. May we do our best for them.

**5. Minutes from the Previous Meeting - Kate**

**Are there any corrections or additions? [Applicable corrections or additions are made.]**

**Is anyone opposed to accepting the minutes as read?**

**6. Treasurer’s Report – Christy**

**Is anyone opposed to accepting the treasury report as given?**

**7. Literature Report – April**

**8. Old Business** – When reports are made, please limit your comments to clarifying questions. Old Business reports are not items that will be voted upon.

**Karen R** - Report on intergroup sub committee

**Christy R** - Report on tax implications for using PayPal

**9. New Business** - The Chair will read the motion and the fellow who put it forward will share more information about the motion. At that time, the room will be open to questions and comments. Please raise your electronic hands. The Chair will not respond to comments in the chat. If you can't speak to the group due to technical problems, please chat to the Secretary who will read your comment or question.

- Kate from TX - I make a motion to approve a new Service Coordinator

**Do we have a motion to end this meeting?**

**Closing:**

**I put my hand in yours  
And together we can do  
What we could never do alone.  
No longer is there a sense of hopelessness  
No longer must we each depend  
Upon our own unsteady willpower.  
We are all together now  
Reaching out our hands  
For Power & Strength  
Greater than ours,  
And as we join hands  
We find love and understanding  
Beyond our wildest dreams!**